IVYT111

This is a student success class where I learned:

- 1. How to be self-aware and how to be responsible to my personal growth and education.
- 2. I was able to explore various career opportunities
- 3. How to use on campus resources for my to better my educational experience
- 4. How to manage my time.
- 5. About study skills
- 6. And how to manage stress and better my personal well-being